

**NO MLAD**

REVERSE-AGEING PLAN

# NOMAD

## The Programme

**£5995**

### Medically-Supervised Autophagy

- Controlled water fasting
- Bespoke Intravenous infusion support; enhancing autophagy, cellular repair, restoration and health optimisation
- Before and after comprehensive health and hormonal screens
- Regular consultations with autophagy specialist clinicians during the plan
- Access to advice 7 days-a-week
- Weekly monitoring of progress with detailed body composition breakdown
- Ingredients and Meal Plan Guides

## Skin Rejuvenation

**£2995**

Regenerative skin tightening and enhanced fat reduction procedures

Book a free consultation now on:

**+44 (0)1483 452 555**

[www.thenomadplan.co.uk](http://www.thenomadplan.co.uk)

All prices are correct at the time of distribution,  
but are subject to change.